



Come give Synchronized Swimming a try!

Saturday, September 6th

12-5 p.m. at the
Lancaster YMCA



We will be learning synchro skills in the pool, with a show for the parents at 5:00
Clinic is open to all swimmers ages 5-18
who are comfortable in the deep end.

Cost for the clinic is \$15.00.

Synchro instruction, Lancaster Synchro Rays swim cap, noseclips,
and the show are included in the price.

Sign up at the front desk, or contact:

Anna Farmer

740-569-6261

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